

August 2010 Senior Center Activities

<u>Monday 8/2</u>	<u>Tuesday 8/3</u>	<u>Wednesday 8/4</u>	<u>Thursday 8/5</u>	<u>Friday 8/6</u>
<p>8:00 Enhance Fitness 8:30 Coffee Hour 8:30 Sign-up for Chicago Cubs Trip 10:00 Crafts with Linda 10:15 Line Dancing 1:00 Bingo by Serenity Hospice</p>	<p>8:00 Enhance Fitness 8:30 Coffee Hour 10:00 Art Class 10:00 Alzheimer's Support Group 11:00 Chair Exercise 11:30 Bid Euchre 12:45 Euchre/Skip-Bo</p>	<p>8:30 Coffee Hour 10:00 Bingo 12:45 Euchre/Skip-Bo</p>	<p>8:00 Enhance Fitness 8:30 Coffee Hour 9:00 Old Rails 9:00 Walking Club 10:00 Stampin' Up cards 10:30 Ambassadors Rehearsal 11:00 Chair Exercise 12:45 Euchre/Skip-Bo 6:30 Supper Club Clarks Hill Steakhouse 7:00 Alzheimer's Support Group</p>	<p>8:30 Coffee Hour 10:00 Bingo 12:00 Cherry Lane Dudes 12:45 Euchre/Skip-Bo</p>
<u>Monday 8/9</u>	<u>Tuesday 8/10</u>	<u>Wednesday 8/11</u>	<u>Thursday 8/12</u>	<u>Friday 8/13</u>
<p>8:00 Enhance Fitness 8:30 Coffee Hour 10:00 Crafts with Linda 10:15 Line Dancing 1:00 Bingo by Rosewalk</p>	<p>8:00 Enhance Fitness 8:30 Coffee Hour 10:00 Art Class 11:00 Chair Exercise 11:30 Bid Euchre 12:45 Euchre/Skip Bo 7:00 Man to Man</p>	<p>8:30 Coffee Hour 10:00 Bingo 12:30 Alcoa Retirees Euchre 12:45 Euchre/Skip-Bo</p>	<p>8:00 Enhance Fitness 8:30 Coffee Hour 9:00 Old Rails 9:00 Walking Club 10:30 Ambassadors at Rosewalk Commons 11:00 Chair Exercise 12:45 Euchre/Skip-Bo</p>	<p>8:30 Coffee Hour 10:00 Bingo 12:30 Cherry Lane Dudes 12:45 Euchre/Skip-bo 1:30 AARP BOARD MEETING</p>
<u>Monday 8/16</u>	<u>Tuesday 8/17</u>	<u>Wednesday 8/18</u>	<u>Thursday 8/19</u>	<u>Friday 8/20</u>
<p>8:00 Enhance Fitness 8:30 Coffee Hour 8:30 Sign-up for Myers Dinner Theatre Trip 10:00 Crafts with Linda 10:00 Porcelain Painters 10:15 Line Dancing 1:00 Bingo by Heritage Healthcare</p>	<p>8:00 Enhance Fitness 8:30 Coffee Hour 10:00 Art Class 11:00 Red Hats 11:00 Chair Exercise 11:30 Bid Euchre 12:45 Euchre/Skip-Bo</p> <p>Trip to State Fair</p>	<p>8:30 Coffee Hour 8:30 Blood Pressure/Cholesterol Screening 10:00 Bingo 12:45 Euchre/Skip-Bo</p>	<p>8:00 Enhance Fitness 8:30 Coffee Hour 9:00 Old Rails 9:00 Walking Club 10:00 Stampin' Up cards 10:00 Quilting Class 10:30 Ambassadors at St. Anthony's Healthcare 11:00 Chair Exercise 12:45 Euchre/Skip-Bo 6:00 Progressive Euchre By Anthem</p>	<p>8:30 Coffee Hour 10:00 Bingo 12:30 Cherry Lane Dudes 12:45 Euchre/Skip-Bo</p>
<u>Monday 8/23</u>	<u>Tuesday 8/24</u>	<u>Wednesday 8/25</u>	<u>Thursday 8/26</u>	<u>Friday 8/27</u>
<p>8:00 Enhance Fitness 8:30 Coffee Hour 10:15 Line Dancing 1:00 Bingo by Regency Place</p>	<p>8:00 Enhance Fitness 8:30 Coffee Hour 10:00 Art Class 11:00 Chair Exercise 11:30 Bid Euchre 12:45 Euchre/Skip-Bo</p>	<p>8:30 Coffee Hour 8:30 Blood Pressure/Cholesterol Screening 10:00 Bingo 12:45 Euchre/Skip-Bo 1:00 AARP Meeting</p>	<p>8:00 Enhance Fitness 8:30 Coffee Hour 9:00 Old Rails 9:00 Walking Club 10:30 Ambassadors Rehearsal 11:00 Chair Exercise 12:45 Euchre/Skip-Bo 1:00 Cumberland Pointe Cooking Demo</p>	<p>8:30 Coffee Hour 10:00 Bingo 12:30 Cherry Lane Dudes 12:45 Euchre/Skip-Bo</p>
<u>Monday 8/30</u>	<u>Tuesday 8/31</u>			
<p>8:00 Enhance Fitness 8:30 Coffee Hour 10:15 Line Dancing 1:00 Bingo by Green Tree</p>	<p>8:00 Enhance Fitness 8:30 Coffee Hour 10:00 Art Class 11:00 Chair Exercise 11:30 Bid Euchre 12:45 Euchre/Skip-Bo</p>			