



Prime Times

THE NEWSLETTER OF
THE CENTER @ JENKS REST
765-447-2311

ISSUE 6

MAY/JUNE 2011

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News from The Center

In an effort to communicate all that is happening at The Center - we will host a "Groans and Giggles" hour. Beginning **Friday, May 27th at 11:00.a.m. - "Groans and Giggles"** will provide you the opportunity to share your joys and concerns about The Center with the staff. This will be a once a month gathering (every 4th Friday in the conference/art room) to talk about program ideas, thoughts for better communication, etc. - anything that affect us all. Please put this important meeting on your calendar and join us because **Everyone is welcome!**

Sadly, you may have

noticed we only have one working computer in the computer lab. This is because the other three were vandalized and are no longer operational. The Center is getting bids to replace this equipment but, of course, that takes time. So, in the meantime, **we have purchased a new router that provides wireless access.** If you would like to bring your laptop, smart phone, etc. we will give you the code to gain access to the internet. Also, computer lessons are scheduled for various Fridays by appointment to help you with this setup or other questions you might have.

Finally, we have had requests to bring back the **Kroger Cares Fundraising Cards.** For those who don't know about these cards - they are Payless "loadable" cards which give a portion of the amount loaded as a donation to our agency. Each card costs \$25 and is worth \$25 at Payless. Once you have spent that amount you can re-load this card as many times as you like - providing a donation to The Center @ Jenks Rest each and every time.

If you would like one of these cards - please sign up at the front desk. \$25 is due at signing. Thanks!

Financial Information

Senior Center Budget: \$123,883.62
Year to date income: \$31,446.85
Year to date expenses: \$26,804.99

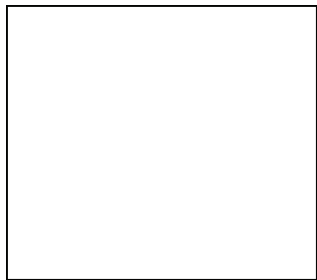
Care-A-Van Budget: \$200,141.26
Year to date income: \$38,944.91
Year to date expenses: \$39,602.63

SHARP Budget: \$185,365.92
Year to date income: \$16,973.49
Year to date expenses: \$24,243.34

If you would like to donate to help keep our programs running—

please send your check to:

TCCA
1915 Scott Street
Lafayette, IN 47904



Entertainment

Cherry Lane Dudes -
Fridays 12:30 p.m.
(1 hour)

Exercise Classes

Line Dancing - Mon. 10:15 a.m.
Chair Exercise - Tues. & Thurs. 11:00 a.m.
Enhance Fitness - Mon., Tues. & Thurs. 8:30 a.m.
Chair Yogacise - Mon. 10:00 a.m.
Wii Broadway Dancing - Wed. 11:15 a.m.

Fun Activities

Bingo - Mondays 1:00 - 2:00 p.m. (nursing homes bring prizes)
Bingo - Wednesdays and Fridays 9:00 a.m. sales begin (10 cents a game)
10:00 a.m. bingo begin
Art - Tuesdays 10:00 a.m. (bring your own supplies and projects)
Stampin' Up Card Making - last Wednesday of the month 11:00 a.m.
Ambassadors (Group Singing) - 1st and 4th Thursdays 10:30 a.m. (1 hour rehearsal)
2nd and 3rd Thursdays sing at local nursing homes
Game Hour - Tues, Wed., Thurs. and Fri. 12:45 p.m.
Crafts with Selma - 1st Monday 9:00 a.m.
Crafts with Vivian - 3rd Monday 9:00 a.m.
Computer Lessons By Appointment - Fridays 1:00 p.m.
Introduction to the game of pool - sign up at front desk (assorted times)
Photo Memories (Scrapbooking) - Wednesdays 12:30 p.m.
Writing Your Life (Capturing Memories) - Mondays 11:00 a.m.

Health Screenings and Support Groups

Blood Pressure Checks - various Weds. 8:30 - 10:00 a.m.
Sniffles Care Group - 2nd and 4th Thurs. 10:00 a.m.
Trilogy Programs - 4th Thurs. 1:00 p.m.

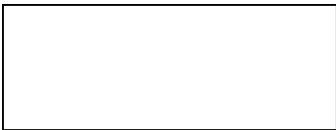
Alzheimer's Support Group - 1st Thurs. 7 p.m.
Alzheimer's Basics Presentation - 1st Tues at
11 a.m.

Presentations

Power Hour - Bickford Cottages
Various speakers 1st Wed. 1:00 p.m.
Dietician - Friday May 6th 11:00 a.m.
"Foods that help stop flatulence and constipation"

Nightingale Health Clinic - Friday May 27th 9:00 - 10:00 a.m.
Free services: blood pressure checks, weight, heart rate, pulse,
oxygen saturation levels
Western and Southern presents:
Charitable Giving and Reverse Mortgages - May 12th 1:00 p.m.
Identity Theft and Wealth Life Transfer - June 16th 1:00 p.m.

The Center also provides the following services:



This program provides qualifying seniors (who live in Lafayette) with small household repairs at low or no cost to the homeowners (income guidelines do apply). We also can replace roofs using Neighborhood Improvement Funds. Please contact our SHARP Manager (447-2311) to fill out all necessary paperwork.



This program is a specialized “Door-Through-Door” transportation service for seniors and disabled individuals who cannot drive. We can take you to a medical or dental appointment, dialysis, grocery store.... Scheduling a ride requires calling Care-A-Van (449-1117) at least 48 hours in advance of your appointment. Medicaid accepted



Open 9 - 2 p.m. Monday through Friday, our gift shop showcases the talents of our crafting seniors. A wonderful selection of unique items as well as sodas and snacks are available - the shop is open to all - please stop by!

Center Wish List

Coffee (caf & decaf), coffee stirrers, sugar, sweet & low, coffee creamer, 8 oz. cups, copier paper, Febreze (or other air fresheners), 13 & 55 gallon trash bags, rubber gloves (for washing dishes), books for library and craft class items - **paintbrushes, ink pads (black), old jewelry, glue dots, jewelry making tools.**
Thanks!



RETURN SERVICE REQUESTED

Non-Profit
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LAFAYETTE, IN 47904
“ENCOURAGING SENIORS TO
ACTIVELY ACHIEVE THEIR
HIGHEST QUALITY OF LIFE”

